

CHILD HEALTH DAY 1943

The President of the United States has issued a proclamation designating May 1 as Child Health Day. He says: "...I call upon the people in each of our communities to renew their efforts to promote the health of children in wartime and to take special measures in behalf of those boys and girls of high school age who are combining school with part-time jobs, working during vacation, or entering full-time employment, in order that their safety, health and normal growth may be fully assured."

The Governor of North Dakota in a similar proclamation urges all communities to take stock of their resources and to plan for the health and protection of every mother and child during the coming year.

It is especially fitting at this time that we turn our attention to the teen age group. You might call it the "test flight" age. The boy or girl 14 to 17 is just taking off from childhood, when he was land-based on his parents' love and care, and is trying out his strength and endurance for the long journey on his own.

If health, courage, a sound mental and emotional outlook on life, moral fiber, and working skill have been built into his body and soul, he will come through the teen-age years ready for the full responsibilities of an adult.

But it is a mistake to put him to tests beyond his experience, strength, and present development.

If there are weaknesses, now is the time to locate and remedy them, before it is too late. Now is the time to safeguard health and talents so they may serve the individual and the Nation through future years.

WAR places a heavy strain on teen-age boys and girls. Naturally, they want their part in the war effort, want to do important things now. Large numbers of boys and girls are going to work...on farms...in stores and offices...in factories.

We must protect the health of these young people who are working for Victory. We must determine in advance that they are fitted for the tasks they undertake. We must help them see that part of what they owe America can best be paid by getting a good education, and by taking pride in wholesome living.

HEALTH FOR YOUTH MEANS POWER FOR DEMOCRACY



North Dakota, U.S.A.
State Department of

Health.

HEALTH FOR NORTH DAKOTA FOR 1914

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